

1. Highlight confusion.
2. Show evidence of a close reading.
3. 1+ page reflection in your WN

### **Cell Phone Etiquette: 15 Rules To Follow**

Cell phones have invaded our classrooms and our bedrooms, our restaurants and our theaters, our offices and our streets. CellPhones.org has put together a helpful list of cell phone etiquette tips. Check them out below.

1. Lower your voice when taking calls in public.
2. Avoid personal topics when others can hear you.
3. Avoid taking calls when you are already in a face-to-face conversation. If you do take a call, ask permission of the people with you.
4. Avoid texting during face-to-face conversations.
5. Put your phone's ringer on silent when in restaurants and movie theaters.
6. Don't light up your screen when in a dark movie theater.
7. Hang up and drive. At any given time, about 3% of people driving are simultaneously talking on their phones.
8. Acknowledge the delay. All cell phones involve latency, which means there is a delay when you speak and when the other person hears it.
9. Don't use Google Voice call screening with family and close friends.
10. Don't blame the other person for a dropped call. If you make 100 calls a week, you can expect to experience between 2-4 dropped calls each and every week.
11. Avoid looking things up during a conversation.
12. Avoid inappropriate profile picture. Facebook lets users synchronize contact information, including profile pictures, with their cell phone address books. Many higher-quality phones show your pictures on the screen when you call.
13. Be mindful about Facebook tagging. When you snap a photo with your phone and tag someone in it, you're showing the picture to all of his Facebook friends.
14. Observe the 10-foot proximity rule. Keep a distance of 10 feet from the nearest person when talking on a cell phone.
15. Avoid phone tag. If a game of phone tag goes on for four calls, it is within the boundaries of proper etiquette to end the game and stop calling. If one of the parties on a game of phone tag leaves a message that says, "Tag, you're it," you are free to not return the call.

Some additional guidelines:

- Use "please" and "thank you"—even when texting
- Choose your ring tone wisely (no annoying or vulgar tones)
- Always take calls from the person paying the bill
- Remember that your text messages can end up on someone's MySpace or Facebook page.

More on cell phones on back side of this paper

## Cell Phones and Radiation

“According to the FDA and others, the research data does not show that mobile phone radio frequency emissions have adverse health effects, but there is not enough information at this point to conclude that these products are not without risk. While most epidemiological and laboratory studies related to the radio frequency emissions of mobile phones have found no adverse health effects, the results of some studies have raised questions that require further research.”

U.S General Accounting Office Report on Mobile Phone Health Issues

Top 10 U.S. Phones for *Lowest* Radiation.    Top 10 U.S. Phones for *Highest* Radiation.

- |                                |                              |
|--------------------------------|------------------------------|
| 1. Beyond E-Tech Duet D8       | 1. Motorola V195s            |
| 2. Samsung Eternity SGH-A867   | 2. Motorola Zine ZN5         |
| 3. Samsung Blue Earth          | 3. Motorola Rival            |
| 4. Samsung SGH-G800            | 4. Kyocera Jax S1300         |
| 5. Samsung Soul                | 5. Motorola VU204            |
| 6. Samsung Impression SGH-A877 | 6. RIM BlackBerry Curve 8330 |
| 7. Samsung Innov8              | 7. Motorola Crush            |
| 8. Beyond E-Tech Duet D888     | 8. Nokia E71x                |
| 9. Samsung SGH-T229            | 9. Pantech Matrix            |
| 10. Dero PhoneEasy 410         | 10. LG Rumor 2               |

A cellphone user’s level of exposure depends on several factors, including:

- The number and duration of calls
- The distance from the nearest base station
- The size of the headset
- Whether or not a hands-free device is used
- The amount of cellular traffic
- The quality of the cellular transmission
- How far the antenna is extended.

If you are concerned about limiting your exposure, here are a few easy steps:

- Text instead of placing a phone call
- Carry your phone at least one inch from your body
- Use a wireless headset
- Do not sleep with your cell phone next to your bed
- Some researchers also caution against using your cell phone in areas of poor coverage, since phone emit more radiation when searching for a signal.

### Possible WN topics

- Why are cell phone rules necessary?
- Describe a time a cell phone rule violation drove you crazy.
- Are there other rules that belong on the list of cell phone 'dos and dont's'?
- What steps can you take to limit your exposure to cell phone radiation?